



**City of Swansea Rowing Club
Code of conduct for Rowing Members**

City of Swansea Rowing Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, committee members and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Members are encouraged to be open at all times and to share any concerns or complaints that they may have with the Club Captain, Coaches or Welfare Officer.

As a member of **City of Swansea Rowing Club** you are expected to abide by the following code of conduct:

- All members must comply with the rules of the club and individual competitions and respect officials and their decisions.
- All members must comply with instructions and decisions made by coaches, captains, and nominated coaching assistants.
- All members must respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background or religion.
- Members should keep to agreed timings for training and competitions or inform their coach or captain if they are going to be late.
- Members must wear suitable kit for training sessions and competitions, as agreed with the coach.
- Members must pay any fees for membership or events promptly.
- Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
- Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.

In addition the ARA Water Safety Code states that Members have a duty to:

- Act in a manner that will not compromise the safety of themselves, Club members, other water users and the general public.
- Assess risks and base their decisions on such assessments.
- Actively respond to their Club's safety rules.
- Be proactive in warning others of impending danger.
- Inform coaches and other crew/Club members of any medical condition that may present a risk to themselves and/or their crew. In the case of juniors, parents have a duty to advise those in charge

Signed.....Club Member

Date.....